

BASIC OCCUPATIONAL FIRST AID TRAINING (BOFA)



1. To equip employees with the knowledge and skills necessary to respond effectively to medical emergencies in the workplace
2. Recognition of Emergencies: Teaching participants how to identify medical emergencies, including injuries and sudden illnesses
3. Basic First Aid Skills: Training in essential first aid techniques, such as CPR, wound care, and how to manage choking or other urgent situations.
4. Safety Awareness: Emphasizing the importance of personal safety for both the responder and the victim while providing aid.
5. Confidence and Preparedness: Building confidence in employees to act quickly and effectively in emergency situations, reducing panic and improving outcomes.



Duration : 2 Days

Course Description :

- Introduction to First Aid
- Assessing the Scene and Victim
- CPR (Cardiopulmonary Resuscitation)
- Choking Emergencies
- Wound Care
- Burns and Scalds
- Managing Fractures and Sprains
- Recognizing and Responding to Shock
- Dealing with Medical Emergencies
- Basic First Aid Kit Essentials

Target Group :

- Electrical, Mechanical, Production, Instrument & Chemical Engineer & Technician young graduate
- Contractor Site Supervisor, Site Safety Supervisor (SSS), Safety Health Officer (SHO), Safety Practitioner & Safety Manager

Programme Methodology :

- Learning Presentation
- Class discussion
- Pictures / Video / Multimedia
- Case Study



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MORE INFORMATION



www.uzitgroup.com

**The price including Professional Fee, Module Fee, Classroom & Meals only*

** Certificate provided*